

## Registration form – Mindfulness - 2021

Please provide the required information below.

Which programme do you want to register for?

*(Due to the high demand, you can only attend one of the two.)*

Leading from presencing 17 May to 5 July	<input checked="" type="checkbox"/>
Mindfulness and stress management in the workplace 18 May to 13 July (excluding 22 June)	<input type="checkbox"/>

First Name:

Last Name:

Personnel number:

*(\*as on pay slip)*

Alexey

SOKOLOV

76465

e-mail address

Gender (optional):

alexey@ebi.ac.uk

Male

Job Title:

Department/Unit/Group/Team:

Project Manager

EMBL-EBI/ENVA

Staff Category: Staff Member / Fellow / Ancillary or \_\_\_\_\_

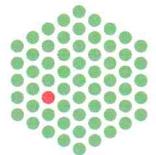
Important information should I drop out of the programme: I agree to pay a refund of Euro 150 / GBP 135 to HR who sponsors the programme and hereby give permission to deduct this amount from my August salary, but only if I do not complete the programme.

Your signature:

alexey

Date: 10.05.2021

Please e-mail this completed form to [professional.development@embl.de](mailto:professional.development@embl.de) .



## Registration form – Mindfulness - 2021

Please provide the required information below.

Which programme do you want to register for?  
(Due to the high demand, you can only attend one of the two.)

Leading from presencing 17 May to 5 July	<input checked="" type="checkbox"/>
Mindfulness and stress management in the workplace 18 May to 13 July (excluding 22 June)	<input type="checkbox"/>

First Name:

Last Name:

Personnel number:

(\*as on pay slip)

Alexey

SOKOLOV

76465

e-mail address

Gender (optional):

alexey@ebi.ac.uk

Male

Job Title:

Department/Unit/Group/Team:

Project Manager

EMBL-EBI/ENVA

Staff Category: Staff Member / Fellow / Ancillary or \_\_\_\_\_

Important information should I drop out of the programme: I agree to pay a refund of Euro 150 / GBP 135 to HR who sponsors the programme and hereby give permission to deduct this amount from my August salary, but only if I do not complete the programme.

Your signature:

alexey — Date: 10.05.2021

Please e-mail this completed form to [professional.development@embl.de](mailto:professional.development@embl.de) .